

# OCTOBER 2024

# Assisted Living

SUN

MON

TUE

WED

THU

FRI

SAT

 <p>BOO!</p>	<p>1 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games Group (Cafe) 11:00am Exercise (Gym) 2:00pm Trivia Tuesdays (Theater) 3:30pm Social hour (Lounge) 6:00pm Patio Conversations (AL Patio)</p>	<p>2 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games Group (Cafe) 11:00am Exercise (Gym) 1:00PM Publix Bus Outing (Lobby) 1:30pm Connie Skellie on Violin (Theater) 3:30pm Social hour (Lounge) 6:00pm Card Game Group (Lounge)</p>	<p>3 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 11:30am Rosh Hashana Lunch Celebration (AL Dining Room) 1:00pm Bible Study (Library) 2:00pm Matinee Movie (Theater) 3:30pm Social hour (Lounge) 6:00pm Patio Conversations (AL Patio)</p>	<p>4 9:30am Coffee and Donuts (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 1:30pm Bingo (Theater) 3:30pm Social Hour (Lounge) 6:00pm Card Game Group (Lounge)</p>	<p>5 9:30am Coffee and Pastries (Cafe) 11:00am Football Game Tailgate (Theater) 2:00pm Movie (Theater)-Damsel 4:00pm Coloring Mazes (Art Studio) 6:00pm Fire Pit Chat (Side Patio)</p>
<p>6 10:00am Coffee and Donuts w/Brookwood Church (Cafe) 10:30am Worship Services w/Brookwood Church (Theater) 1:30pm Bingo (Theater) 6:00pm Patio Conversations (AL Patio)</p>	<p>7 9:30am Coffee &amp; Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 10:30am On Tap Lunch Outing (Lobby) 11:00am Exercise (Gym) 2:00pm Give Back to Charity-Make a toiletry bag for homeless shelter (Art Studio) 3:30pm Social hour (Lounge) 6:00pm Card Game Group (Lounge)</p>	<p>8 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 12:00pm Men's Lunch (Private Dining Room) 2:00pm Trivia Tuesdays (Theater) 3:30pm Social hour (Lounge) 6:00pm Patio Conversations (AL Patio)</p>	<p>9 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 1:00PM TJ Maxx Bus Outing (Lobby) 3:30pm Social hour (Lounge) 6:00pm Card Game Group (Lounge)</p>	<p>10 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 1:00pm Bible Study (Library) 2:00pm Matinee Movie (Theater) 3:30pm Social hour (Lounge) 6:00pm Patio Conversations (AL Patio)</p>	<p>11 9:30am Coffee and Donuts (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 1:30pm Bingo (Theater) 3:30pm Social Hour (Lounge) 6:00pm Card Game Group (Lounge)</p>
<p>13 10:00am Coffee and Donuts w/Brookwood Church (Cafe) 10:30am Worship Services w/Brookwood Church (Theater) 1:30pm Bingo (Theater) 6:00pm Patio Conversations (AL Patio)</p>	<p>14 9:30am Coffee &amp; Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 10:30am Firebirds Lunch Outing (Lobby) 11:00am Exercise (Gym) 2:00pm Give Back to Charity-Make a dog blanket for the humane society (Art Studio) 3:30pm Social hour (Lounge) 6:00pm Card Game Group (Lounge)</p>	<p>15 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 2:00pm Kevin Atkins (Theater) 3:30pm Social hour (Lounge) 6:00pm Patio Conversations (AL Patio)</p>	<p>16 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 1:00pm Publix Bus Outing (Lobby) 3:30pm Social hour (Lounge) 6:00pm Card Game Group (Lounge)</p>	<p>17 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 1:00pm Bible Study (Library) 2:00pm Armchair Travel Series-London (Theater) 3:30pm Social hour (Lounge) 6:00pm Patio Conversations (AL Patio)</p>	<p>18 9:30am Coffee and Donuts (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 1:30pm Bingo (Theater) 3:30pm Social Hour (Lounge) 6:00pm Card Game Group (Lounge)</p>
<p>20 10:00am Coffee and Donuts w/Brookwood Church (Cafe) 10:30am Worship Services w/Brookwood Church (Theater) 1:30pm Bingo (Theater) 6:00pm Patio Conversations (AL Patio)</p>	<p>21 9:30am Coffee &amp; Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 10:30am Lovelady Thrift Store Bus Outing (Lobby) 11:00am Exercise (Gym) 2:00pm Give Back to Charity-Make trick-o-treat bags for preschoolers (Art Studio) 3:30pm Social hour (Lounge) 6:00pm Card Game Group (Lounge)</p>	<p>22 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 2:00pm Trivia Tuesdays (Theater) 3:30pm Social hour (Lounge) 6:00pm Patio Conversations (AL Patio)</p>	<p>23 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 1:30pm Chef Chat (AL Dining Room) 3:30pm Social hour (Lounge) 6:00pm Card Game Group (Lounge)</p>	<p>24 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 1:00pm Bible Study (Library) 2:00pm Matinee Movie (Theater) 3:30pm Social Hour (Lounge) 6:00pm Patio Conversations (AL Patio)</p>	<p>25 9:30am Coffee and Donuts (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 1:30pm Bingo (Theater) 3:30pm Social Hour (Lounge) 6:00pm Card Game Group (Lounge)</p>
<p>27 10:00am Coffee and Donuts w/Brookwood Church (Cafe) 10:30am Worship Services w/Brookwood Church (Theater) 1:30pm Bingo (Theater) 6:00pm Patio Conversations (AL Patio)</p>	<p>28 9:30am Coffee &amp; Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 10:30am Nail Salon Bus Outing (Lobby) 11:00am Exercise (Gym) 2:00pm Give Back to Charity-Make a womans shelter toiletry bag (Art Studio) 3:30pm Social hour (Lounge) 6:00pm Card Game Group (Lounge)</p>	<p>29 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games Group (Cafe) 11:00am Exercise (Gym) 2:00pm Trivia Tuesdays (Theater) 3:30pm Social hour (Lounge) 6:00pm Patio Conversations (AL Patio)</p>	<p>30 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 1:30pm Resident Town Hall (AL Dining Room) 3:30pm Social hour (Lounge) 6:00pm Card Game Group (Lounge)</p>	<p>31 9:30am Coffee and Pastries (Cafe) 10:00am Daily Brain Games (Cafe) 11:00am Exercise (Gym) 1:00pm Bible Study (Theater) 2:00pm Matinee Movie (Library) 3:30pm Halloween Social Hour (AL Dining Room) 6:00pm Patio Conversations (AL Patio)</p>	 <p>HAPPY HALLOWEEN</p>
<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE</p>					

# OCTOBER 2024

## Memory Care

**SUN**

**MON**

**TUE**

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**THU**

**FRI**

**SAT**



	<p><b>1</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing</p>	<p><b>2</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Connie Skellie on Violin 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club</p>	<p><b>3</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Garden Walk 2:00pm Coloring Group/Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing</p>	<p><b>4</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club</p>	<p><b>5</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing</p>
<p><b>6</b></p> <p>9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club</p>	<p><b>7</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club</p>	<p><b>8</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing</p>	<p><b>9</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A Long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club</p>	<p><b>10</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Garden Walk 2:00pm Coloring Group/Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing</p>	<p><b>11</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club</p>
<p><b>13</b></p> <p>9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club</p>	<p><b>14</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club</p>	<p><b>15</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing</p>	<p><b>16</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club</p>	<p><b>17</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle/Music Therapy 2:00pm Coloring Group/Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing</p>	<p><b>18</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club</p>
<p><b>20</b></p> <p>9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club</p>	<p><b>21</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club</p>	<p><b>22</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing</p>	<p><b>23</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club</p>	<p><b>24</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle/Music Therapy 2:00pm Music with the Alexanders 3:00pm Paris Olympics Party 4:00pm Noodle Hockey 6:00pm Patio Stargazing</p>	<p><b>25</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club</p>
<p><b>27</b></p> <p>9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club</p>	<p><b>28</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club</p>	<p><b>29</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing</p>	<p><b>30</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club</p>	<p><b>31</b></p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle/Music Therapy 2:00pm Music with the Alexanders 3:00pm Paris Olympics Party 4:00pm Noodle Hockey 6:00pm Patio Stargazing</p>	
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