



# JANUARY 2025

# Assisted Living

SUN

MON

TUE

WED

THU

FRI

SAT



**ALL ACTIVITIES ARE SUBJECT TO CHANGE**

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1  
10:00am Morning Coffee Club (AL Dining Room)  
11:00am Exercise (Gym)  
12pm Men's Lunch (Private Dining Room)  
1:00PM Publix Bus Outing (Lobby)  
3:30pm Social hour (Lounge)  
5:30pm Poker Night (Lounge)

2  
10:00am Noodle Hockey (Gym)  
11:00am Exercise (Gym)  
1:00pm Bible Study (Library)  
1:30pm Tech Help (Theater)  
2:00pm Matinee Movie (Theater)  
3:30pm Social Hour (Lounge)  
5:30pm Comedy Night (Theater)

3  
10:00am Morning Coffee Club (AL Dining Room)  
11:00am Exercise (Gym)  
11:30am Dining through the world (AL Dining Room)  
1:30pm Bingo (Theater)  
3:30pm Social Hour (Lounge)  
5:30pm Poker Night (Lounge)

4  
10:00am Coffee and Pastries (Cafe)  
11:00am Exercise (Gym)  
1:00pm Paint and Sip (Art Studio)  
4:00pm Coloring Mazes (Art Studio)  
6:00pm Fire Pit Chat (Side Patio)

5  
10:00am Coffee and Donuts w/Brookwood Church (Cafe)  
10:30am Worship Services w/Brookwood Church (Theater)  
1:30pm Bingo (Theater)  
6:00pm Patio Conversations (AL Patio)

6  
10:00am Morning Coffee Club (AL Dining Room)  
10:30am Tre Luna Lunch Outing (Lobby)  
11:00am Exercise (Gym)  
1:30pm Jewelry Making Class (Art Studio)  
2:30pm Hatchet Throwing Game (Art Studio)  
3:30pm Social hour (Lounge)  
5:30pm Poker Night (Lounge)

7  
10:00am Noodle Hockey (Gym)  
11:00am Exercise (Gym)  
2:00pm Kevin Atkins Live Music (Theater)  
3:00pm Music Trivia (Lounge)  
3:30pm Social hour (Lounge)  
5:30pm Ted Talk Tuesday (Theater)

8  
10:00am Morning Coffee Club (AL Dining Room)  
11:00am Exercise (Gym)  
1:00pm Civil Rights Bus Tour Downtown (Lobby)  
2:00pm Knitting Class with Janice (Art Studio)  
3:30pm Social hour (Lounge)  
5:30pm Poker Night (Lounge)

9  
10:00am Noodle Hockey (Gym)  
11:00am Exercise (Gym)  
1:00pm Bible Study (Library)  
1:30pm Tech Help (Theater)  
2:00pm Matinee Movie (Theater)  
3:30pm Social hour (Lounge)  
5:30pm Comedy Night (Theater)

10  
10:00am Morning Coffee Club (AL Dining Room)  
11:00am Exercise (Gym)  
1:30pm Bingo (Theater)  
3:30pm Social Hour (Lounge)  
5:30pm Poker Night (Lounge)

11  
10:00am Coffee and Pastries (Cafe)  
11:00am Exercise (Gym)  
1:00pm Paint and Sip (Art Studio)  
4:00pm Coloring Mazes (Art Studio)  
6:00pm Fire Pit Chat (Side Patio)

12  
10:00am Coffee and Donuts w/Brookwood Church (Cafe)  
10:30am Worship Services w/Brookwood Church (Theater)  
1:30pm Bingo (Theater)  
6:00pm Patio Conversations (AL Patio)

13  
10:00am Morning Coffee Club (AL Dining Room)  
10:30am Chicken Salad Chick Lunch Outing (Lobby)  
11:00am Exercise (Gym)  
1:30pm Jewelry Making Class (Art Studio)  
2:30pm Hatchet Throwing Game (Art Studio)  
3:30pm Social Hour (Lounge)  
5:30pm Poker Night (Lounge)

14  
10:00am Noodle Hockey (Gym)  
11:00am Exercise (Gym)  
11:30am Ladies Steak Lunch (AL Dining Room)  
2:00pm Card & Domino Games (Lounge)  
3:00pm Music Trivia (Lounge)  
3:30pm Social Hour (Lounge)  
5:30pm Ted Talk Tuesday (Theater)

15  
10:00am Morning Coffee Club (AL Dining Room)  
11:00am Exercise (Gym)  
1:00pm Publix Bus Outing (Lobby)  
2:00pm Knitting Class with Janice (Art Studio)  
3:30pm Social hour (Lounge)  
5:30pm Poker Night (Lounge)

16  
10:00am Noodle Hockey (Gym)  
11:00am Exercise (Gym)  
1:00pm Bible Study (Library)  
1:30pm Tech Help (Theater)  
2:00pm Matinee Movie (Theater)  
3:30pm Social hour (Lounge)  
5:30pm Comedy Night (Theater)

17  
10:00am Morning Coffee Club (AL Dining Room)  
10:30am Birmingham Museum of Art Bus Outing (Lobby)  
11:00am Exercise (Gym)  
1:30pm Bingo (Theater)  
3:30pm Social Hour (Lounge)  
5:30pm Poker Night (Lounge)

18  
10:00am Mountain Brook 6th Grade Music Group (Theater)  
11:00am Exercise (Gym)  
1:00pm Paint and Sip (Art Studio)  
4:00pm Coloring Mazes (Art Studio)  
6:00pm Fire Pit Chat (Side Patio)

19  
10:00am Coffee and Donuts w/Brookwood Church (Cafe)  
10:30am Worship Services w/Brookwood Church (Theater)  
1:30pm Bingo (Theater)  
6:00pm Patio Conversations (AL Patio)

20  
10:00am Morning Coffee Club (AL Dining Room)  
10:30am Corbeau Wine Bar (Lobby)  
11:00am Exercise (Gym)  
1:30pm Jewelry Making Class (Art Studio)  
2:30pm Hatchet Throwing Game (Art Studio)  
3:30pm Social hour (Lounge)  
5:30pm Poker Night (Lounge)

21  
10:00am Noodle Hockey (Gym)  
11:00am Exercise (Gym)  
2:00pm Card & Domino Games (Lounge)  
3:00pm Music Trivia (Lounge)  
3:30pm Social hour (Lounge)  
5:30pm Ted Talk Tuesday (Theater)

22  
10:00am Morning Coffee Club (AL Dining Room)  
11:00am Exercise (Gym)  
1:30pm Chef Chat (AL Dining Room)  
2:00pm Knitting Class with Janice (Art Studio)  
3:30pm Social hour (Lounge)  
5:30pm Poker Night (Lounge)

23  
10:00am Noodle Hockey (Gym)  
11:00am Exercise (Gym)  
1:00pm Bible Study (Library)  
1:30pm Tech Help (Theater)  
2:00pm Matinee Movie (Theater)  
3:30pm Social Hour (Lounge)  
5:30pm Comedy Night (Theater)

24  
10:00am Morning Coffee Club (AL Dining Room)  
11:00am Exercise (Gym)  
1:30pm Bingo (Theater)  
3:30pm Social Hour (Lounge)  
5:30pm Poker Night (Lounge)

25  
10:00am Coffee and Pastries (Cafe)  
11:00am Exercise (Gym)  
1:00pm Paint and Sip (Art Studio)  
4:00pm Coloring Mazes (Art Studio)  
6:00pm Fire Pit Chat (Side Patio)

26  
10:00am Coffee and Donuts w/Brookwood Church (Cafe)  
10:30am Worship Services w/Brookwood Church (Theater)  
1:30pm Bingo (Theater)  
6:00pm Patio Conversations (AL Patio)

27  
10:00am Morning Coffee Club (AL Dining Room)  
10:30am Nail Salon Bus Outing (Lobby)  
11:00am Exercise (Gym)  
1:30pm Jewelry Making Class (Art Studio)  
2:30pm Hatchet Throwing Game (Art Studio)  
3:30pm Social hour (Lounge)  
5:30pm Poker Night (Lounge)

28  
10:00am Noodle Hockey (Gym)  
11:00am Exercise (Gym)  
2:00pm Card & Domino Games (Lounge)  
3:00pm Music Trivia (Lounge)  
3:30pm Social hour (Lounge)  
5:30pm Ted Talk Tuesday (Theater)

29  
10:00am Morning Coffee Club (AL Dining Room)  
11:00am Exercise (Gym)  
1:30pm Resident Town Hall (AL Dining Room)  
2:30pm New Resident Meet and Greet (Lounge)  
3:30pm Social hour (Lounge)  
5:30pm Poker Night (Lounge)

30  
10:00am Noodle Hockey (Gym)  
11:00am Exercise (Gym)  
1:00pm Bible Study (Library)  
1:30pm Tech Help (Theater)  
2:00pm Matinee Movie (Theater)  
3:30pm Social hour (Lounge)  
5:30pm Comedy Night (Theater)

31  
10:00am Morning Coffee Club (AL Dining Room)  
11:00am Exercise (Gym)  
1:30pm Bingo (Theater)  
3:30pm Social Hour Champagne Bar (AL Dining Room)  
5:30pm Poker Night (Lounge)

**STAFF LED PROGRAM**  
**RESIDENT LED PROGRAM**  
**SPECIAL EVENT**  
**BUS OUTING**

**COLOR LEGEND**