

## DECEMBER 2024 Men

## **Memory Care**

S U N	MON	TUE	WED	THU	FRI	S A T
1 9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	2 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club	3 9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing	4 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A long 2:30pm Snack and Chat 3:30pm Garden Club and Patio Walk 6:00pm Hallway Walking Club	<ul> <li>5</li> <li>9:30am Morning Exercise</li> <li>10:30am Snack and Chat</li> <li>11:00am Drum Circle/Music Therapy</li> <li>2:00pm Coloring/Art Therapy</li> <li>3:00pm Snack and Chat</li> <li>4:00pm Noodle Hockey</li> <li>6:00pm Patio Stargazing</li> </ul>	6 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club	7 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing
8 9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	9 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club	10 9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing	11 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A Long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club	12 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Garden Walk 2:00pm Coloring Group/Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing	13 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club	14 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing
15 9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Special Christmas Performance and Snack 6:00pm Hallway Walk Club	16 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club	17 9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Christmas Party 4:00pm Bingo 6:00pm Patio Stargazing	18 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club	19 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle/Music Therapy 2:00pm Coloring Group/Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing	20 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club	21 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing
22 9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	23 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club	24 9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing	25 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club	<ul> <li>26</li> <li>9:30am Morning Exercise 10:30am Snack and Chat</li> <li>11:00am Drum Circle/Music Therapy</li> <li>2:00pm Coloring/Art Therapy</li> <li>3:00pm Snack and Chat</li> <li>4:00pm Noodle Hockey</li> <li>6:00pm Patio Stargazing</li> </ul>	27 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club	28 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing
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