

AUGUST 2026

assisted living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 10:00am Coffee and Pastries (Cafe) 11:00am Exercise (Gym) 1:00pm Movie Matinee- Gladiator (Theater) 3:30pm Friends Social Hour BYOB (Lounge) 6:00pm Poker Night (Lounge)
2 10:00am Coffee and Donuts w/Brookwood Church (Cafe) 10:30am Worship Services w/Brookwood Church (Theater) 1:30pm Bingo (Theater) 6:00pm Resident Run Movie (Theater)	3 10:00am Early Morning Puzzles and Coffee (Cafe) 10:30am Metro Diner (Lobby) 11:00am Exercise with Amber (Gym) 1:00pm History Series Club- Evil on Trial Ep. 1 & 2 (Theater) 3:30pm Social hour (Lounge)	4 10:00am Early Morning Puzzles and Coffee (Cafe) 11:00am Exercise (Gym) 1:30pm Tech Class (Theater) 2:00pm Programs Chat (Cafe) 3:30pm Social Hour (Lounge)	5 10:00am Early Morning Puzzles and Coffee (Cafe) 10:30am Shoe Station (Lobby) 11:00am Exercise with Amber (Gym) 1:30pm Mexican Train Game (Art Studio) 2:30pm Cookies and Coffee (Cafe) 3:30pm Social hour (Lounge)	6 10:00am Early Morning Puzzles and Coffee (Cafe) 11:00am Exercise (Gym) 1:00pm Series Club- Evil on Trial Ep. 3 & 4 (Theater) 2:30pm Uno Card Game (Cafe) 3:30pm Social hour (Lounge)	7 10:00am Early Morning Puzzles and Coffee (Cafe) 11:00am Exercise (Gym) 1:30pm Prize Bingo (Theater) 3:30pm Social Hour (Lounge)	8 10:00am Coffee and Pastries (Cafe) 11:00am Exercise (Gym) 1:00pm Movie Matinee-The Devil Wears Prada 3:30pm Friends Social Hour BYOB (Lounge) 6:00pm Poker Night (Lounge)
9 10:00am Coffee and Donuts w/Brookwood Church (Cafe) 10:30am Worship Services w/Brookwood Church (Theater) 1:30pm Bingo (Theater) 6:00pm Resident Run Movie (Theater)	10 10:00am Early Morning Puzzles and Coffee (Cafe) 10:30am Publix (Lobby) 11:00am Exercise with Amber (Gym) 1:30pm Hand in Paw Dog Therapy (Theater) 2:00pm Kevin Atkins Music (Theater) 3:30pm Social hour (Lounge)	11 10:00am Early Morning Puzzles and Coffee (Cafe) 11:00am Exercise (Gym) 1:30pm Tech Class (Theater) 2:00pm Chef Chat (Dining Room) 3:30pm Social Hour (Lounge)	12 10:00am Early Morning Puzzles and Coffee (Cafe) 10:30am Nail Salon (Lobby) 11:00am Exercise with Amber (Gym) 1:30pm Mexican Train Game (Art Studio) 2:30pm Cookies and Coffee (Cafe) 3:30pm Social hour (Lounge)	13 10:00am Early Morning Puzzles and Coffee (Cafe) 11:00am Exercise (Gym) 11:30am Longleaf Luau Lunch (AL Dining Room) 1:00pm Series Club- Evil on Trial Ep. 5 & 6 (Theater) 2:30pm Uno Card Game (Cafe) 3:30pm Social Hour (Lounge)	14 10:00am Early Morning Puzzles and Coffee (Cafe) 11:00am Exercise (Gym) 1:30pm Prize Bingo (Theater) 3:30pm Social Hour (Lounge)	15 10:00am Coffee and Pastries (Cafe) 11:00am Exercise (Gym) 1:00pm Movie Matinee- The Irishman (Theater) 3:30pm Friends Social Hour BYOB (Lounge) 6:00pm Poker Night (Lounge)
16 10:00am Coffee and Donuts w/Brookwood Church (Cafe) 10:30am Worship Services w/Brookwood Church (Theater) 1:30pm Bingo (Theater) 6:00pm Resident Run Movie (Theater)	17 10:00am Early Morning Puzzles and Coffee (Cafe) 10:30am Target Shopping (Lobby) 11:00am Exercise with Amber (Gym) 1:30pm Monday Movie Club- A League of Their Own (Theater) 3:30pm Social hour (Lounge)	18 10:00am Early Morning Puzzles and Coffee (Cafe) 11:00am Exercise (Gym) 1:30pm Tech Class (Theater) 2:00pm Painting with Jasmine (Art Studio) 3:30pm Social Hour (Lounge)	19 10:00am Early Morning Puzzles and Coffee (Cafe) 10:30am The Pita Stop (Lobby) 11:00am Exercise with Amber (Gym) 1:30pm Mexican Train Game (Art Studio) 2:30pm Cookies and Coffee (Cafe) 3:30pm Social hour (Lounge)	20 10:00am Early Morning Puzzles and Coffee (Cafe) 11:00am Exercise (Gym) 1:30pm 30-minute fast trivia (Theater) 2:30pm Uno Card Game (Cafe) 3:30pm Social hour (Lounge)	21 10:00am Early Morning Puzzles and Coffee (Cafe) 11:00am Exercise (Gym) 1:30pm Prize Bingo (Theater) 3:30pm Social Hour (Lounge)	22 10:00am Coffee and Pastries (Cafe) 11:00am Exercise (Gym) 1:00pm Movie Matinee- The Pursuit of Happiness(Theater) 3:30pm Friends Social Hour BYOB (Lounge) 6:00pm Poker Night (Lounge)
23 10:00am Coffee and Donuts w/Brookwood Church (Cafe) 10:30am Worship Services w/Brookwood Church (Theater) 1:30pm Bingo (Theater) 6:00pm Resident Run Movie (Theater)	24 10:00am Early Morning Puzzles and Coffee (Cafe) 10:30am Tj Maxx (Lobby) 11:00am Exercise with Amber (Gym) 1:30pm Monday Movie Club- Jobs(Theater) 3:30pm Social hour (Lounge)	25 10:00am Early Morning Puzzles and Coffee (Cafe) 11:00am Exercise (Gym) 1:30pm Tech Class (Theater) 2:00pm Painting with Jasmine (Art Studio) 3:30pm Social Hour (Lounge)	26 10:00am Early Morning Puzzles and Coffee (Cafe) 11:00am Exercise with Amber (Gym) 1:30pm AL Resident Town Hall (Dining Room) 2:30pm Cookies and Coffee (Cafe) 3:30pm Social hour (Lounge)	27 10:00am Early Morning Puzzles and Coffee (Cafe) 11:00am Exercise (Gym) 1:30pm 30-minute fast trivia (Theater) 2:30pm Uno Card Game (Cafe) 3:30pm Social hour (Lounge)	28 10:00am Early Morning Puzzles and Coffee (Cafe) 11:00am Exercise (Gym) 1:30pm Prize Bingo (Theater) 3:30pm Social Hour (Lounge)	29 10:00am Coffee and Pastries (Cafe) 11:00am Exercise (Gym) 1:00pm Movie Matinee- Glory (Theater) 3:30pm Friends Social Hour BYOB (Lounge) 6:00pm Poker Night (Lounge)
30 10:00am Coffee and Donuts w/Brookwood Church (Cafe) 10:30am Worship Services w/Brookwood Church (Theater) 1:30pm Bingo (Theater) 6:00pm Resident Run Movie (Theater)	31 10:00am Early Morning Puzzles and Coffee (Cafe) 10:30am Slice Pizza (Lobby) 11:00am Exercise with Amber (Gym) 1:30pm Monday Movie Club- Driving Miss Daisy (Theater) 3:30pm Social hour (Lounge)				STAFF LED PROGRAM RESIDENT LED PROGRAM SPECIAL EVENT BUS OUTING	All Activities Subject to Change

AUGUST 2026

Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Happy Birthday!</u> Gloria K.-Aug. 21 st						¹ 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing
² 9:45am Brookwood Church Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	³ 9:30am Morning Exercise 10:30am Monday Devotion 11:00am Piano with Jan 2:00pm Table Top Game 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club	⁴ 9:30am Morning Exercise 10:30am Susie Q Sing Along 11:00am Drum Circle 1:30pm Connie on Violin 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club	⁵ 9:30am Morning Exercise 11:00am Garden or Hallway Walk 2:00pm Coloring Group/ Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing	⁶ 9:30am Morning Exercise 10:30am Easy Movement and Stretching 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club	⁷ 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Noodle Hockey 3:00pm Balloon Keep Up 6:00pm Patio Stargazing	⁸ 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing
⁹ 9:45am Brookwood Church Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	¹⁰ 9:30am Morning Exercise 10:30am Monday Devotion 11:00am Balloon Volley 2:00pm Table Top Game 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club	¹¹ 9:30am Morning Exercise 10:30am Susie Q Sing Along 11:00am Beach Ball Hockey 1:30pm Colored Spoons Game 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club	¹² 9:30am Morning Exercise 11:00am Garden or Hallway Walk 2:00pm Coloring Group/ Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing	¹³ 9:30am Morning Exercise 10:30am Easy Movement and Stretching 11:00am Lunch Luau 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club	¹⁴ 9:30am Morning Exercise 10:30am Allison Tulios 11:00am TV Huddle 2:00pm Noodle Hockey 3:00pm Balloon Keep Up 6:00pm Patio Stargazing	¹⁵ 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing
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