OCTOBER

ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LONGLEAF LIBERTY PARK		**If you are interested in becoming a Resident Ambassador or serving on Resident Council, see someone in Programs.	Staff Led Program Resident Led Program Special Event Bus Outing	1 9:30 Dominos and Coffee (Cafe) 10:00 Walking Club- (Lobby) 11:00 Exercise - (Gym) 2:00 Bible Study w/ Brookwood Church (Library) 2:00 Freestyle Painting (Art Studio) 2:30-National Homemade Cookie Day (Cafe) 3:30 Happy Hour (Lounge)	2 9:00 Indoor/Outdoor Walking Club (Lobby) 9:30 Dominos and Coffee (Cafe) 10:00 Current Events (Library) 11:00 Exercise (Gym) 1:30 Bingo (Theater) 2:30 Pick & Play (Library) 3:30 Happy Hour (Lounge) 4:00 Name that Tune (Lounge)	3 9:30 Dominos and Coffee-(Cafe) 10:00 Marshalls and Lunch Outing(Lobby) 11:00 Exercise - (Gym) 1:30 Movie Matinee: Sea Biscuit(Theater) 2:30- Football Tailgate- (Lounge) 3:30 BYOB Happy Hour-(Lounge) 6:00 Evening Table Games- (Cafe)
4 Resident Led Indoor/Outdoor Walking Club (Lobby) 10:00am Coffee and Fellowship w/Brookwood Church (Art Studio) 10:30am Worship Services w/Brookwood Church (Theater) 1:30pm Bingo (Theater) 3:00 Freestyle Painting (Art Studio) 6:00 Resident Run Movie (Theater)	5 9:30 Dominos and Coffee (Cafe) 10:30 BrickTop's Restaurant (Lobby) 11:00 Exercise with Amber (Gym) 1:00pm National Make an Apple Betty Day(Cafe) 2:00 Floral Arrangement Class (Art Studio) 3:30 Happy Hour (Lounge)	6 9:30 Dominos and Coffee (Cafe) 10:00 Walking Club (Lobby) 11:00 Exercise (Gym) 2:00 Bingo Store (Art Studio) 2:30 Corn hole (side patio) 3:30 Happy Hour (Lounge)	7 9:30 Coffee & Dominoes (Cafe) 10:30am Publix Shopping (Lobby) 11:00am Exercise with Amber (Gym) 1:30pm Mexican Train Games (Art Studio) 2:30 National Chocolate Covered Pretzal Day (Cafe) 3:30pm Happy Hour (Lounge)	8 9:30 Dominos and Coffee (Cafe) 10:00 Walking Club (Lobby) 11:00 Exercise (Gym) 2:00 Bible Study w/ Brookwood Church (Library) 2:00 Paint & Unwind (Art Studio) Pick & Play (Cafe) 3:30 Thirsty Thursday (Lounge)	9 9:00 Indoor/Outdoor Walking Club (Lobby) 9:30 Dominos and Coffee (Cafe) 10:00 Current Events (Library) 11:00 Exercise (Gym) 1:30 Bingo (Theater) 2:30 Pick and Play 3:30 Happy Hour(Lounge)	10 9:30 Dominos and Coffee- (Cafe) 11:00 Exercise - (Gym) 1:30 Movie Matinee: My Fair Lady (Theater) 2:30- Football Tailgate- (Lounge) 3:30 BYOB Happy Hour- (Lounge) 6:00 Evening Table Games- (Cafe)
11 Resident Led Indoor/Outdoor Walking Club (Lobby) 10:00am Coffee and Fellowship w/Brookwood Church (Art Studio) 10:30am Worship Services w/Brookwood Church (Theater) 1:30pm Bingo (Theater) 3:00 Freestyle Painting (Art Studio) 6:00 Resident Run Movie (Theater)	12 9:30 Dominos and Coffee (Cafe) 10:30 Brightstar Restaurant (Lobby) 11:00 Exercise with Amber (Gym) 1:30 Pet Therapy w/ Hand in Paw (Cafe) 2:00pm Live Music w/ Kevin Atkins (Theater) 3:30 Happy Hour (Lounge)	13 9:30 Dominos and Coffee (Cafe) 10:00 Walking Club (Lobby) 11:00 Exercise (Gym) 1:30 Tech Help (Theater) 2:00 Chef's Chat (Lounge) 3:30 Happy Hour- (Lounge)	14 9:30 Coffee & Dominoes (Cafe) 10:30am T.j Maxx Shopping (Lobby) 11:00am Exercise with Amber (Gym) 1:30pm Mexican Train Games (Art Studio) 3:00 Programs Chat (Lounge) 3:30pm Happy Hour (Lounge)	15 9:30 Dominos and Coffee (Cafe) 10:00 Walking Club (Lobby) 11:00 Exercise (Gym) 2:00 Bible Study w/ Brookwood Church (Library) 2:00 Paint & Unwind (Art Studio) Pick & Play (Cafe) 3:30 Happy Hour (Lounge)	16 9:00 Indoor/Outdoor Walking Club (Lobby) 9:30 Dominos and Coffee (Cafe) 10:00 Current Events (Library) 11:00 Exercise (Gym) 1:30 Bingo (Theater) 2:30 Pick & Play (Library) 3:30 Happy Hour (Lounge) 4:00 Name that Tune (Lounge)	17 9:30 Dominos and Coffee- (Cafe) 11:00 Exercise - (Gym) Ross and Lunch Outing(Lobby) 1:30 Movie Matinee: 9 to 5 (Theater) 2:30- Football Tailgate(Lounge) 3:30 BYOB Happy Hour- (Lounge) 6:00 Evening Table Games- (Cafe)
18 Resident Led Indoor/Outdoor Walking Club (Lobby) 10:00am Coffee and Fellowship w/Brookwood Church (Art Studio) 10:30am Worship Services w/Brookwood Church (Theater) 1:30pm Bingo (Theater) 3:00 Freestyle Painting (Art Studio) 6:00 Resident Run Movie (Theater)	19 9:30 Dominos and Coffee (Cafe) 10:30 Rag-time Cafe(Lobby) 11:00 Exercise with Amber (Gym) 2:00 Live Music w/ Adam Martin (Theater) 3:00 National Gin & Tonic Day (Lounge) 3:30 Happy Hour (Lounge)	20 9:30 Dominos and Coffee (Cafe) 10:00 Walking Club (Lobby) 11:00 Exercise (Gym) 2:00 Bingo Store (Art Studio) 2:30 Pick and Play (Library) 3:30 Happy Hour- (Lounge)	21 9:30 Coffee & Dominoes (Cafe) 10:30am Nail Salon (Lobby) 11:00am Exercise with Amber (Gym) 1:30pm Mexican Train Games (Art Studio) 2:00 National Pumpkin Cheesecake Day (Cafe) 3:00 Programs Chat (Lounge) 3:30pm Happy Hour (Lounge)	22 9:30 Dominos and Coffee (Cafe) 10:00 Walking Club (Lobby) 11:00 Exercise (Gym) 11-2 Gabby's Girls Jewelry Show (Lobby) 2:00 Bible Study w/ Brookwood Church (Library) 2:00 Paint & Unwind (Art Studio) 3:30 Thirsty Thursday (Lounge)	23 9:00 Indoor/Outdoor Walking Club (Lobby) 9:30 Dominos and Coffee (Cafe) 10:00 Current Events (Library) 11:00 Exercise (Gym) 1:30 Bingo (Theater) 2:30 Pick & Play (Library) 3:30 Happy Hour(Lounge)	24 9:30 Dominos and Coffee(Cafe) 11:00 Exercise -(Gym) 1:30-2:30 Community Trick or Treat Event 1:30 Movie Matinee: When Harry Met Sally (Theater) 2:30- Football Tailgate (Lounge) 3:30 BYOB Happy Hour- (Lounge) 6:00 Evening Table Games- (Cafe)
25 Resident Led Indoor/Outdoor Walking Club (Lobby) 10:00am Coffee and Fellowship w/Brookwood Church (Art Studio) 10:30am Worship Services w/Brookwood Church (Theater) 1:30pm Bingo (Theater) 3:00 Freestyle Painting (Art Studio) 6:00 Resident Run Movie (Theater)	26 9:30 Dominos and Coffee (Cafe) 10:30 Lovelady Thrift Store (Lobby) 11:00 Exercise with Amber (Gym) 1:30 Movie Matinee- A Fair to Remember (Theater) 3:30 Happy Hour (Lounge)	27 9:30 Dominos and Coffee (Cafe) 10:00 Walking Club (Lobby) 11:00 Exercise (Gym) 1:30 Tech Help (Theater) 2:00 Cornhole (Side Patio) 3:30 Happy Hour (Lounge)	28 9:30 Coffee & Dominoes (Cafe) 11:00am Exercise with Amber (Gym) 1:30pm Resident Town Hall (Dining Room) 2:30 National Chocolate Day (Cafe) 3:30pm Happy Hour (Lounge)	29 9:30 Dominos and Coffee (Cafe) 10:00 Walking Club (Lobby) 11:00 Exercise (Gym) 2:00 Bible Study w/ Brookwood Church (Library) 2:00 Paint & Unwind (Art Studio) Pick & Play (Cafe) 3:30 Happy Hour (Lounge)	30 9:00 Indoor/Outdoor Walking Club (Lobby) 9:30 Dominos and Coffee (Cafe) 11:00 Exercise (Gym) 1:30 Bingo (Theater) 3:00pm Fall Festival (Dining Room)	31 9:30 Dominos and Coffee- (Cafe) 11:00 Exercise - (Gym) 1:30 Movie Matinee: Secretariat (Theater) 2:30- Football Tailgate- (Lounge) 3:30 Happy Hour- (Lounge) 6:00 Evening Table Games- (Cafe)

October 2026 Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LONGLEAF LIBERTY PARK	**October Birthday LYNDA PHILPOTT 10/28**	**All Activities Are Subject To Change**		**1** 9:30am Morning Workout 10:00am Spiritual Service 11:00am Agility Games 12:00pm Patio/Garden Walk 2:00pm National Pumpkin Spice Day 3:00pm Greatest Hits Sing-Along	**2** 9:30am Morning Workout 10:00am Music Therapy with Allison 11:00am Patio Walk 2:00pm Chair Stretching 2:30pm Movie Theater Visit	**3** 10:30am Morning Exercise 11:00am TV Huddle 2:00pm Patio Walk/Garden 3:00pm Balloon Keep Up 6:00pm Patio Stargazing
4 9:45am Church of the Highlands Worship Service 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	**5** 9:30am Morning Workout 10:00am Outdoor Walk 11:00am Noodle Hockey 2:00pm Craft 2:30pm Parachute Games 3:30pm Social Hour	**6** 9:30am Morning Workout 10:00am Picture Trivia Challenge 11:00am Drum Circle w/Walker 2:00pm Modeling Clay 3:00pm Hymn Sing-Along 3:30pm Building Block Knock Down	**7** 9:30am Morning Workout 10:00am Hymn Sing-Along 11:00am Nail Time 2:00pm What Am I? 3:00pm Patio/Garden Walk 3:30pm Prize Bingo	**8** 9:30am Morning Workout 10:00am Spiritual Service 11:00am Agility Games 12:00pm Patio/Garden Walk 2:00pm Halloween Cupcakes 3:30pm Social Hour	**9** 9:30am Morning Workout 10:00am Fall Scenic Drive 1:30pm Picture Trivia Challenge 2:30pm Walking through the Pumpkin Patch 3:00pm Hymn Sing-Along 3:30pm Building Block Knock Down	**10** 10:30am Morning Exercise 11:00am TV Huddle 2:00pm Patio Walk/Garden 3:00pm Balloon Keep Up 6:00pm Patio Stargazing
11 9:45am Church of the Highlands Worship Service 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	**12** 9:30am Morning Workout 10:00am Outdoor Walk 11:00am Noodle Hockey 2:00pm Craft 2:30pm Parachute Games 3:30pm Social Hour	**13** 9:30am Morning Workout 10:00am Music Therapy 11:00am Patio Walk 2:00pm Chair Stretching 2:30pm Movie Theater Visit	**14** 9:30am Morning Workout 10:00am Hymn Sing-Along 11:00am Nail Time 2:00pm What Am I? 3:00pm Patio/Garden Walk 3:30pm Candy Bingo	**15** 9:30am Morning Workout 10:00am Spiritual Service 11:00am Agility Games 12:00pm Patio/Garden Walk 2:00pm Halloween Brownies 3:30pm Social Hour	**16** 9:30am Morning Workout 10:00am Music Therapy with Allison 11:00am Patio Walk 2:00pm Chair Stretching 2:30pm Movie Theater Visit	**17** 10:30am Morning Exercise 11:00am TV Huddle 2:00pm Patio Walk/Garden 3:00pm Balloon Keep Up 6:00pm Patio Stargazing
18 9:45am Church of the Highlands Worship Service 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	**19** 9:30am Morning Workout 10:00am Outdoor Walk 11:00am Noodle Hockey 2:00pm Craft 2:30pm Parachute Games 3:30pm Social Hour	**20** 9:30am Morning Workout 10:00am Picture Trivia Challenge 11:00am Drum Circle w/Walker 2:00pm Modeling Clay 3:00pm Hymn Sing-Along 3:30pm Building Block Knock Down	**21** 9:30am Morning Workout 10:00am Hymn Sing-Along 11:00am Nail Time 2:00pm What Am I? 3:00pm Patio/Garden Walk 3:30pm Prize Bingo	**22** 9:30am Morning Workout 10:00am Spiritual Service 11:00am Agility Games 12:00pm Patio/Garden Walk 2:00pm Pumpkin Pie Party 3:30pm Social Hour	**23** 9:30am Morning Workout 10:00am Fall Scenic Drive 1:30 pm Price is Right 2:00pm Bowling 3:00pm Hymn Sing-Along 3:30pm Building Block Knock Down	**24** 10:30am Morning Exercise 11:00am TV Huddle 1:30 pm Community Trick or Treat Event 3:00pm Balloon Keep Up 6:00pm Patio Stargazing
25 9:45am Church of the Highlands Worship Service 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	**26** 9:30am Morning Workout 10:00am Outdoor Walk 11:00am Noodle Hockey 2:00pm Craft 2:30pm Parachute Games 3:30pm Social Hour	**27** 10:30am Morning Exercise 11:00am TV Huddle 1:30pm Making Trick-O-Treat bags 2:00pm Patio Walk/Garden 3:00pm Balloon Keep Up 6:00pm Patio Stargazing	**28** 9:30am Morning Workout 10:00am Hymn Sing-Along 11:00am Nail Time 2:00pm What Am I? 3:00pm Patio/Garden Walk 3:30pm Candy Bingo	**29** 9:30am Morning Workout 10:00am Spiritual Service 11:00am Agility Games 12:00pm Monthly Birthday Party 2:00pm Pumpkin Painting 3:00pm Greatest Hits Sing-Along	**30** 9:30am Morning Workout 10am Music Therapy with Allison 1:30pm Halloween Party 2:30pm Movie Theater Visit	**31** 10:30am Morning Exercise 11:00am TV Huddle 2:00pm Patio Walk/Garden 3:00pm Balloon Keep Up 6:00pm Patio Stargazing