# 2026 November

## MEMORY CARE

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| 1<br>9:45am Church of the Highlands Worship Service<br>11:30am Soulful Sunday Movement<br>2:00pm Movie and Popcorn | 2<br>9:30am Monday Morning Motion<br>10:00am Name that tune<br>11:00am Agility Games<br>2:00pm Crafts Corner<br>3:00pm This Day in History<br>4:00 pm Social Hour | 3<br>9:30am Morning Pilates<br>10:00am This or That<br>11:00amDrum Circle w/Walker<br>1:30pm Modeling Clay<br>2:00pm Take a Stretch Tuesday<br>2:30pm Movie Theater Visit | 4<br>9:30am Wednesday Walking Club<br>10:00am Hymn Sing-Along<br>11:00am Manicures<br>2:00pm What Am I Brain Teaser<br>3:00pm Patio/Garden Walk<br>3:30pm Singo Bingo | 5 NATIONAL DONUT DAY<br>9:30am Wake Up and Move<br>10:00am Daily Devotion<br>11:00am Agility Games<br>11:30am Patio/Garden Walk<br>2:00pm<br>3:00pm Greatest Hits Sing-Along | 6 NATIONAL SAXOPHONE DAY<br>9:30am Friday Flex and Feel Good<br>10:00am Music Therapy W/ Allison<br>1:30pm Picture Trivia Challenge<br>2:30pm The Pumpkin Patch<br>3:00pm Saxophone Sing-Along<br>3:30pm Building Block Knock Down | 7<br>10:30am A Walk to Remember your love Ones<br>11:00am Football<br>2:00pm Book Club<br>3:00pm Balloon Keep Up |
| 8<br>9:45am Church of the Highlands Worship Service<br>11:30am Soulful Sunday Movement<br>2:00pm Movie and Popcorn | 9 9:30am Monday Morning Motion<br>10:00am Crafting with Ady's Big Army<br>11:00am Noodle Hockey<br>2:00pm Motown Magic<br>2:30pm This Day in History<br>4:00 pm Social Hour | 10<br>9:30am Take a Stretch Tuesday<br>11:00am Piano W/Ms. Jan<br>2:00pm Cupcake Decorating<br>3:00pm Hymn Sing-Along<br>3:30pm Retro Board Games | 11 VETERANS DAY<br>9:30am Wednesday Walking Club<br>10:00am Sing Your Heart Out<br>11:00am Manicures<br>2:00pm What Am I Brain Teaser<br>3:00pm Patio/Garden Walk<br>3:30pm Prize Bingo | 12<br>9:30am Wake Up and Move<br>10:00am Daily Devotion<br>11:00am Finish the Lyric<br>11:30am Patio/Garden Walk<br>2:00pm Would You Rather?<br>3:00pm Greatest Hits Sing-Along | 13<br>9:30am Friday Flex and Feel Good<br>10:00am Picture Trivia Challenge<br>11:00am Lunch Outing<br>2:30pm Movie Theatre & Popcorn<br>3:00pm Country Music Dancing<br>3:30pm Caregiver Appreciation Crafts | 14 WORLD DIABETES DAY<br>10:30am Senior Stretch Session<br>11:00am Football<br>2:00pm Patio Walk/Garden<br>3:00pm Balloon Keep Up |
| 15<br>9:45am Church of the Highlands Worship Service<br>11:30am Soulful Sunday Movement<br>2:00pm Movie and Popcorn | 16 NATIONAL FAST FOOD DAY<br>9:30am Monday Morning Motion<br>10:00am Puzzle<br>11:00am Noodle Hockey<br>2:00pm Craft Corner<br>2:30pm This day In History<br>4:00pm Social Hour | 17 NATIONAL WORLD PEACE DAY<br>9:30am Take a Stretch Tuesday<br>10:00am Picture Trivia Challenge<br>11:00am Drum Circle w/Walker<br>2:00pm Modeling Clay Art Creation<br>3:00pm Hymn Sing-Along<br>3:30pm Building Block Knock Down | 18 NATIONAL APPLE CIDER DAY<br>9:30am Wednesday Walking Club<br>10:00am Hymn Sing-Along<br>11:00am Manicures<br>2:00pm What Am I Brain Teaser<br>3:00pm Patio/Garden Walk<br>3:30pm Bingo | 19 9:30am Wake up and Move<br>10:00am Daily Devotion<br>11:00am Agility Games<br>11:30am Patio/Garden Walk<br>2:00pm Swinging 60's<br>3:00pm Greatest Hits Sing-Along | 20<br>9:30am Friday Flex and Feel Good<br>10:00am Music Therapy W/Allisom<br>11:00am Picture Trivia Challenge<br>2:30pm Movie Theatre Popcorn<br>3:00pm Hymn Sing-Along<br>3:30pm Retro Board Games | 21<br>10:30am Senior Stretch Session<br>11:00am Football<br>2:00pm Patio Walk/Garden<br>3:00pm Balloon Keep Up |
| 22<br>9:45am Church of the Highlands Worship Service<br>11:30am Soulful Sunday Movement<br>2:00pm Movie and Popcorn | 23 NATIONAL CASHEW DAY<br>9:30am Monday Morning Motion<br>10:00am Piano with Jan<br>1:00pm Pumpkin Pie W/Enhabit<br>2:00pm Watercolor Wonders<br>4:00 pm Social Hour | 24<br>9:30am Take a Stretch Tuesday<br>10:00am Trivia Challenge<br>11:00am Tactile Tuesday<br>2:00pm Thanksgiving Craft<br>3:00pm Karaoke Corner<br>3:30pm Retro Board Games | 25<br>9:30am Wednesday Walking Club<br>10:00am Sing Your Heart Out<br>12:00pm Monthly Birthday Party W/Adoration Hospice<br>2:00pm What Am I?<br>3:00pm Word Bingo | 26 THANKSGIVING DAY<br>ADD PSRADE!!<br>9:30am Wake up and Move<br>10:00am Daily Devotion<br>11:00am Famous Frat<br>11:30am Patio/Garden Walk<br>2:00pm Movie and Popcorn<br>3:00pm Greatest Hits Sing-Along | 27<br>9:30am Friday Flex and Feel Good<br>10:00am Fall Scenic Drive<br>11:00am Picture Trivia Challenge<br>2:30pm Walking through the Pumpkin Patch<br>3:00pm Hymn Sing-Along<br>4:00pm Retro Board Games | 28<br>10:30am Senior Stretch Session<br>11:00am Football<br>2:00pm Patio Walk/Garden<br>3:00pm Balloon Keep Up |
| 29<br>9:45am Church of the Highlands Worship Service<br>11:30am Soulful Sunday Movement<br>2:00pm Movie and Popcorn | 30 9:30am Monday Morning Motion<br>10:00am Would You Rather?<br>11:00am Noodle Hockey<br>2:00pm Craft Corner<br>2:30pm Parachute Games<br>4:00 pm Social Hour | | | All Activities Are Subject to Change | LONGLEAF LIBERTY PARK | |